

A report on First Annual IAPSM-GC PG meet - Booster 2012 : Enhancing Experiences

Explore ...

..... Enjoy

.... Evolve.

It has been a discussion & deliberated by the members of IAPSM-GC to offer a podium where all community Medicine residents could come together to exchanging ideas and sharing various activities of their respective departments every year for common goal. To attain the objective IAPSM-GC decided to initiate an annual mid-year PG meet which could offer a platform where PSM resident doctors can be groomed for different facets of their personality along with technical side.

As the aim of this PG meet was to boost the spirit of PGs, explore their hidden potentials, it was branded as “BOOSTER – Enhancing Experiences”. The strategies used to achieve the goals were “Explore...Enjoy...Evolve...”. Broadly the meet was planned in such a way that it had a mix of various curricular, co-curricular-extracurricular activities/ competitions and fun activities/competitions with socio-cultural interaction.

Smt. NHL Municipal Medical College, Ahmedabad volunteered to organize the first PG meet. First Annual IAPSM-GC PG meet - Booster 2012 was held on August 30-31, 2012 at Ahmedabad Textile Mills Association (ATMA hall), Ahmedabad. It was inaugurated by Shri P. K. Taneja, I.A.S., Principal Secretary (Public Health & FW) & Health Commissioner, Gujarat State. He has also delivered a key note address on “Role of Community Medicine experts in improving the Public Health scenario” on this occasion. Dr. S. L. Kantharia, President, IAPSM-GC, during his speech has highlighted the discrepancies in recruitment rule where after Medical Post graduations one can not get Class – I post in public health unlike Medical Education, Medical

Services. Dr. Vikas Desai, Former Professor & Head, GMC Surat & Former A.D.(F.W.) also blessed the event with her presence during the inauguration as well as delivering a Guest Lecture on “Opportunities & Challenges – Living Public Health”

With a view of cross learning of the existing best practices in PG studies of various departments and exchanges of the PG activities from all the medial colleges were carried out in PG curriculum Sessions. Lots of best practices and local initiatives were learnt during the session. Concept about, PG Studies Support Programme (PGSP), an another initiatives of IAPSM-GC shared by Dr. A. M. Kadri, Secretary IAPSM-GC during the event and feedbacks from PGs for further strengthening was taken

For development beyond the academic facet, a session on personality development and self-improvement was taken by Shri Deepak Taraiya on “*HU ANE MARU PRATIBIMB* (I am with My reflection)– An Introspective exercise for self development”. It has touched the hearts of all present there.

PSM Quiz was one of the most liked academic competitions during Booster-2012. Dr. Atul Trivedi, Associate Professor (PSM), GMC, Bhavnagar successfully conducted quiz as a Quiz master. Other competitive academic activities like Poster making, Rangoli & Collage competition on Community Medicine related themes, helped to bring out best of creative ideas from the Resident Doctors. Dr. Vasudev Rawal, Rtd. Professor (PSM) & Former Director, SIHFW has tough time to judge best out of all. With full of surprises in the campus a

“Treasure Hunt” based on the hints related to World Health Day Themes was organized in the evening

After a lot of academic activities, the participants enjoyed the “Antakshari” event on the magical musical orchestra. Other informal evening activities with full of fun & entertainment like Just A Minute (JAM) & Tug of War, fun filled musical parody from NHL Resident Doctors of NHL and socio-cultural event of traditional Garba mix with Bollywood songs has kept all the participants engaged with late night.

Second day started with Guest Lecture by Dr. Rajesh Solanki, Head Pulmonary Medicine, Civil Hospital; on “RNTCP update and avenues for operational research” followed by a lecture “Reproductive and Child Health services in Gujarat” by Dr. Sridhar R. P., RCH Consultant, in State Health & FW Department.

A Debate competition on Community Medicine related critical topics with full of views and counterviews provided a platform to participants to show their wisdom and advocacy skills while cherished moments for the audience. The spirit of the participation was revealed when turn-by-turn points and heated arguments were applauded by each individual in the audience.

RCH based thematic “Role play” was probably the most enjoyed and fun-filled moment during Booster. Four plays covering different areas of the RCH, with humorous situations and strong dialogues but effective messages transformed this event into one of the most memorable and learning moment of “Booster 2012”. Dr. Vasudev Rawal, and Dr. A. M. Kadri, Associate Professor (PSM) served as Judges for the Debate & Role Play competitions.

In Booster 2012 lessons to contribute and helps the society was also taught. As a Blood Donation Camp with the support of Indian Red Cross Society, Ahmedabad Branch. Total of 16 blood donors donated their blood for a noble social.

All participants were winner but trophies were given away to best of them in each activities. Based on the overall performance in competitions with academic themes (PSM Quiz, RCH role play, Poster making, Rangoli, Collage making competition & Debate) & blood donation **“Best Performing Department in Booster 2012”** was awarded to B. J. Medical College, Ahmedabad.

“Booster 2012” really proved to be an event “of the PGs, for the PGs & by the PGs”. With encouraging experience of First Annual IAPSM-GC PG meet, strong belief is reaffirmed and strengthened that PSM Residents have tremendous hidden potentials, not only in academic activities but also in various other fields as well. Such Annual IAPSM-GC PG Meet will help in “Boosting” their “Primary Learning” being received at respective Medical Collages.

IAPSM-GC put on records words of appreciation for hard works put in by team of Resident Doctors, leadership provided by senior teachers Dr. Jay Sheth, Dr. Sonal Parikh and Dr. Aparajita Shukla and guidance as well as environment provided Dr. D.V. Bala, Professor & Head, Community Medicine Department, NHL Municipal Medical College, Ahmedabad concept of Annual IAPSM-GC PG meet a real and excellent organization of the First Annual IAPSM-GC meet, Booster -2012.